

The Power of Circles: The Fundamentals of Group Facilitation

*Have you noticed an underlying loneliness
in our clients, beyond their diagnoses?*

*Consider starting a group at your practice or
learn to improve the groups you already offer.*



In Person Training
Teresa Valliere, LCSW, LADC, CCS

**October 3 & 4, 2024,
8:30-4:00PM**

**Woodfords Club,
Portland, ME**

12 CEUs

**Registration: \$195
(after 9/6 \$225)**

[INFO and REGISTRATION](#)

Many of our clients' mental and emotional challenges are amplified by a lack of connection with others - a loneliness that is often overlooked. And even though we build a strong rapport in individual work, there are limits as to how we can connect to them as equal, fellow sufferers. People who feel connected make more changes.

Whatever type of group you want to facilitate - skills, process, insight, mindfulness, or educational - this 2-day workshop will change the way you view the healing factors of circles. You'll leave with greater understanding and confidence on how to make human connections easier for your clients and build enduring, effective groups.

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